

PRE-ACADEMIC MENTAL SKILLS

II. PERCEPTUAL CONCEPTS

251.1 COLORS: Red

Three color swatches (one light red, one medium red, and one dark red) are arranged on table in front of client. Client is given 15 red color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of red (e.g. light red sweater, medium red pen, dark red cup) and the remaining 7 items in various colors, and is asked: "Give me all the red ones." It is suggested instructor vary the items and shades of red used each training session.

- Client gives instructor the 3 red items

Client is shown 3 items in different shades of red (e.g. light red T-shirt, medium red ribbon, dark red fabric) and asked: "What color are these?" It is suggested instructor vary the items and shades of red used each training session.

- Client responds *red*

Client is asked to find something red in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something red in the room

251.2 COLORS: Yellow

Three color swatches (one light yellow, one medium yellow, and one dark yellow) are arranged on table in front of client. Client is given 15 yellow color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of yellow (e.g. light yellow shirt, medium yellow paper, dark yellow pencil) and the remaining 7 items in various colors, and is asked: "Give me all the yellow ones." It is suggested instructor vary the items and shades of yellow used each training session.

- Client gives instructor the 3 yellow items

Client is shown 3 items in different shades of yellow (e.g. light yellow hat, medium yellow pen, dark yellow book) and asked: "What color are these?" It is suggested instructor vary the items and shades of yellow used each training session.

- Client responds *yellow*

Client is asked to find something yellow in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something yellow in the room

251.3 COLORS: Blue

Three color swatches (one light blue, one medium blue, and one dark blue) are arranged on table in front of client. Client is given 15 blue color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of blue (e.g. light blue jacket, medium blue pen, dark blue book) and the remaining 7 items in various colors, and is asked: "Give me all the blue ones." It is suggested instructor vary the items and shades of blue used each training session.

- Client gives instructor the 3 blue items

Client is shown 3 items in different shades of blue (e.g. light blue blouse, medium blue paper, dark blue bottle) and asked: "What color are these?" It is suggested instructor vary the items and shades of blue used each training session.

- Client responds *blue*

Client is asked to find something blue in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something blue in the room

251.4 COLORS: Orange

Three color swatches (one light orange, one medium orange, and one dark orange) are arranged on table in front of client. Client is given 15 orange color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

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COLORS: Orange (Cont.)

Client is given 10 items, 3 in shades of orange (e.g. light orange cup, medium orange hat, dark orange crayon) and the remaining 7 items in various colors, and is asked: "Give me all the orange ones." It is suggested instructor vary the items and shades of orange used each training session.

- Client gives instructor the 3 orange items

Client is shown 3 items in different shades of orange (e.g. light orange paper, medium orange pen, dark orange skirt) and asked: "What color are these?" It is suggested instructor vary the items and shades of orange used each training session.

- Client responds *orange*

Client is asked to find something orange in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something orange in the room

252.1 COLORS: Pink

Three color swatches (one light pink, one medium pink, and one dark pink) are arranged on table in front of client. Client is given 15 pink color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of pink (e.g. light pink sweater, medium pink shirt, dark pink ribbon) and the remaining 7 items in various colors, and is asked: "Give me all the pink ones." It is suggested instructor vary the items and shades of pink used each training session.

- Client gives instructor the 3 pink items

Client is shown 3 items in different shades of pink (e.g. light pink flower, medium pink pencil, dark pink blouse) and asked: "What color are these?" It is suggested instructor vary the items and shades of pink used each training session.

- Client responds *pink*

Client is asked to find something pink in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something pink in the room

252.2 COLORS: Purple

Three color swatches (one light purple, one medium purple, and one dark purple) are arranged on table in front of client. Client is given 15 purple color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of purple (e.g. light purple paper, medium purple fabric, dark purple yarn) and the remaining 7 items in various colors, and is asked: "Give me all the purple ones." It is suggested instructor vary the items and shades of purple used each training session.

- Client gives instructor the 3 purple items

Client is shown 3 items in different shades of purple (e.g. light purple dress, medium purple crayon, dark purple ribbon) and asked: "What color are these?" It is suggested instructor vary the items and shades of purple used each training session.

- Client responds *purple*

Client is asked to find something purple in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something purple in the room

252.3 COLORS: Green

Three color swatches (one light green, one medium green, and one dark green) are arranged on table in front of client. Client is given 15 green color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of green (e.g. light green socks, medium green glass, dark green pen) and the remaining 7 items in various colors, and is asked: "Give me all the green ones." It is suggested instructor vary the items and shades of green used each training session.

- Client gives instructor the 3 green items

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COLORS: Green (Cont.)

Client is shown 3 items in different shades of green (e.g. light green shirt, medium green hat, dark green bottle) and asked: "What color are these?" It is suggested instructor vary the items and the shades of green used each training session.

- Client responds *green*

Client is asked to find something green in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something green in the room

253.1 COLORS: Brown

Three color swatches (one light brown, one medium brown, and one dark brown) are arranged on table in front of client. Client is given 15 brown color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of brown (e.g. light brown book, medium brown socks, dark brown paper) and the remaining 7 items in various colors, and is asked: "Give me all the brown ones." It is suggested instructor vary the items and shades of brown used each training session.

- Client gives instructor the 3 brown items

Client is shown 3 items in different shades of brown (e.g. light brown shoe, medium brown cup, dark brown pants) and asked: "What color are these?" It is suggested instructor vary the items and shades of brown used each training session.

- Client responds *brown*

Client is asked to find something brown in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something brown in the room

253.2 COLORS: Gray

Three color swatches (one light gray, one medium gray, and one dark gray) are arranged on table in front of client. Client is given 15 gray color swatches, 5 of each shade arranged in random order, and is asked to match them by placing them on the table next to the same shade color swatch.

- Client correctly matches all 15 color swatches

Client is given 10 items, 3 in shades of gray (e.g. light gray sweater, medium gray book, dark gray socks) and the remaining 7 items in various colors, and is asked: "Give me all the gray ones." It is suggested instructor vary the items and shades of gray used each training session.

- Client gives instructor the 3 gray items

Client is shown 3 items in different shades of gray (e.g. light gray crayon, medium gray coat, dark gray blanket) and asked: "What color are these?" It is suggested instructor vary the items and shades of gray used each training session.

- Client responds *gray*

Client is asked to find something gray in the room. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different object each training session.

- Client locates something gray in the room

253.3 COLORS: Black And White

Two color swatches (one black and one white) are arranged on table in front of client. Client is given 10 color swatches, 5 of each color arranged in random order, and is asked to match them by placing them on the table next to the same color swatch.

- Client correctly matches all 5 black color swatches ■ And all 5 white color swatches

Client is given 15 items, 3 black (e.g. hat, notebook, pen), 3 white (e.g. handkerchief, socks, ribbon), and the remaining 9 items in various colors, and is asked for each color respectively: "Give me all the black ones." "Give me all the white ones." It is suggested instructor vary the items used each training session.

- Client gives instructor the 3 black items when asked to give all the black ones ■ Gives instructor the 3 white items when asked to give all the white ones

Client is shown a black item (e.g. wallet) and a white item (e.g. shirt), and asked for each item respectively: "What color is this?" It is suggested instructor vary the items used each training session.

- Client responds *black* for the black item ■ Responds *white* for the white item

Client is asked to find something black in the room, and something white. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different black object and white object each training session.

- Client locates something black in the room ■ Locates something white in the room

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254.1 COLORS: Gold And Silver

Two color swatches (one gold and one silver) are arranged on table in front of client. Client is given 10 color swatches, 5 of each color arranged in random order, and is asked to match them by placing them on the table next to the same color swatch.

- Client correctly matches all 5 gold color swatches ■ And all 5 silver color swatches

Client is given 15 items, 3 gold (e.g. ring, bracelet, pen), 3 silver (e.g. aluminum foil, watch, ribbon), and the remaining 9 items in various colors, and is asked for each color respectively: "Give me all the gold ones." "Give me all the silver ones." It is suggested instructor vary the items used each training session.

- Client gives instructor the 3 gold items when asked to give all the gold ones ■ Gives instructor the 3 silver items when asked to give all the silver ones

Client is shown a gold item (e.g. watch) and a silver item (e.g. spoon), and asked for each item respectively: "What color is this?" It is suggested instructor vary the items used each training session.

- Client responds *gold* for the gold item ■ Responds *silver* for the silver item

Client is asked to find something gold in the room, and something silver. No visual cue is provided, and it is recommended instructor arrange for client to have to locate a different gold object and silver object each training session.

- Client locates something gold in the room ■ Locates something silver in the room

254.2 MATCHING SHAPES

For each shape selected for training, a 3" x 5" index card with the shape drawn 2" is arranged on table in front of client. Client is given three 3" x 5" index cards of each drawn shape, arranged in random order, and is asked to match them by placing them on the table next to the card with the same drawn shape.

- Client correctly matches: All the circles ■ All the crosses (+) ■ All the squares ■ All the X's ■ All the rectangles
- All the triangles ■ All the diamonds ■ All the 3-line crosses (X)

254.3 DRAWING SHAPES

Client is given paper and pencil, and a 3" x 5" index card with a 2" drawing of each shape selected for training. Client is asked to trace or copy the shape(s), whichever method is indicated in the entry provided below.

Client is to: _____ Trace the shape(s) _____ Copy the shape(s)

- **Circle:** Client correctly traces circle ■ Correctly copies circle
- **Cross (+):** Correctly traces cross ■ Correctly copies cross
- **Square:** Correctly traces square ■ Correctly copies square
- **X:** Correctly traces X ■ Correctly copies X
- **Rectangle:** Correctly traces rectangle ■ Correctly copies rectangle
- **Triangle:** Correctly traces triangle ■ Correctly copies triangle
- **Diamond:** Correctly traces diamond ■ Correctly copies diamond
- **3-line cross (X):** Correctly traces 3-line cross ■ Correctly copies 3-line cross

254.4 IDENTIFYING SHAPES


Client is shown a 2" drawing of each shape selected for training and asked: "What shape is this?" Shapes are presented in random order.

- Client names: Circle ■ Cross (+) ■ Square ■ X ■ Rectangle ■ Triangle ■ Diamond

Client is shown a 2" drawing of each shape indicated below, shapes arranged in random order. For each shape selected for training, client is asked: "Point to _____."

- Client points to: Circle ■ Cross (+) ■ Square ■ X ■ Rectangle ■ Triangle ■ Diamond

254.5 DRAWING STRAIGHT LINES FREEHAND


Client is given pencil, and sheet of paper with four pairs of parallel lines. The lines of any one pair are 6" long and 1/4" apart, with a dot in the middle at each end (). One pair of parallel lines is horizontal, one vertical, one diagonal from upper left to lower right, and one diagonal from upper right to lower left. Client is asked to connect the 2 dots by drawing freehand a reasonably straight line within *but not touching* the parallel boundaries.

- Client correctly connects the 2 dots of the: *Horizontal* pair of parallel lines ■ *Vertical* pair of parallel lines ■ *Diagonal left to right* pair of parallel lines ■ *Diagonal right to left* pair of parallel lines

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255.1 DRAWING CURVED LINES

Client is given pencil, and sheet of paper with four pairs of curved parallel lines. The curved lines of any one pair are 6" long and 1/4" apart, with a dot in the middle at each end (). One pair of curved parallel lines is horizontal, one vertical, one diagonal from upper left to lower right, and one diagonal from upper right to lower left. Client is asked to connect the 2 dots by drawing a curved line within *but not touching* the parallel boundaries.

- Client correctly connects the 2 dots of the: *Horizontal* pair of curved lines ■ *Vertical* pair of curved lines ■ *Diagonal left to right* pair of curved lines ■ *Diagonal right to left* pair of curved lines

255.2 DRAWING STRAIGHT LINES WITH RULER

Client is given ruler, pencil, and sheet of paper with four pairs of dots. The distance between the dots of any one pair of dots (• •) is 6". One pair of dots is arranged to give a horizontal line when connected, one to give a vertical line, one a diagonal line from upper left to lower right, and one a diagonal line from upper right to lower left. Client is asked to connect each pair of dots by drawing straight line with ruler.

- Client correctly connects the 2 dots of the: *Horizontally* arranged pair of dots ■ *Vertically* arranged pair of dots ■ *Diagonally left to right* arranged pair of dots ■ *Diagonally right to left* arranged pair of dots

255.3 SCISSOR CUTTING: Strips Of Paper

Client is given scissors, and sheet of paper with five horizontal lines extending the full width of the paper, and is asked to cut the paper in strips by cutting on the lines.

- Client holds scissors in dominant hand:
- Inserts thumb ■ And fingers through appropriate openings in handle
- Opens scissor blades ■ And aligns blades with line to be cut
- Makes initial cut ■ Cuts only on line ■ Cuts off strip ■ Cuts all strips

255.4 SCISSOR CUTTING: Lines Of Various Lengths

Client is given scissors, and sheet of paper with five lines of various lengths (e.g. 4", 2", 6", 5", and 3") extending from an edge of the paper into the mid-portion but *not* to the opposite edge. Client is asked to cut the paper on each line, cutting only the *length* of the line.

- Client holds scissors in dominant hand:
- Inserts thumb ■ And fingers through appropriate openings in handle
- Opens scissor blades ■ And aligns blades with line to be cut
- Cuts only on line ■ Cuts full length of line (e.g. does not cut *past* end of line) ■ Cuts all lines

255.5 SCISSOR CUTTING: Circles

Client is given scissors, and sheet of paper with five 3" circles, and is asked to cut out each circle by cutting on the line.

- Client holds scissors in dominant hand:
- Inserts thumb ■ And fingers through appropriate openings in handle
- Opens scissor blades ■ And cuts to a circle
- Aligns blades with line of circle to be cut ■ Cuts only on line
- Turns scissors ■ And paper as necessary to maintain alignment
- Cuts out all circles

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Notes: