

## COMMUNITY SKILLS

### V. MOBILITY IN THE COMMUNITY

Many of the skills in this section require serious thought before a decision is made to initiate training. Depending on a client's level of comprehension and his or her ability to accurately retain and apply what is learned, and depending on other factors as well, training on certain skills may have the potential of posing threats to the client's safety or to the safety of others. For example, if a client is in training on crossing streets, and *outside the supervision of the training environment* he or she decides to experiment crossing a busy intersection independently, the results may be potentially life-threatening for the client and others involved.

It is highly recommended, therefore, to insure *before training begins* that appropriate safety precautions as well as precautions related to potential legal issues have been incorporated into and will be implemented throughout the training process. These should include preventive measures implemented *outside* the training environment, adequate re-evaluation of the criteria used to define a "learned" skill, and regular reviews of a skill (at proper intervals) after it is learned.

#### 365.1 USING DOORS

- Client is shown a door and asked: "What is this?" (Door)    ■ Client is asked: "Show me a door." (Shows a door)

##### SWINGING DOOR

- "Why is it important to open and close a swinging door carefully?" (Help avoid injuring person on other side of door . . . )

**Client is taken to a location with closed swinging door and asked to enter (or exit).**

- Pushes door    ■ Pushes on appropriate place
- Opens swinging door carefully (e.g. to avoid possible injury to person on other side of door)
- Opens swinging door sufficiently for convenient entering or exiting    ■ Steps across threshold
- If a person is following or approaching closely, holds door for person
- Releases swinging door    ■ Carefully

##### SLIDING DOOR

**Client is taken to a location with closed sliding door and asked to enter (or exit).**

- Grasps door handle    ■ Slides door open    ■ Sufficiently for convenient entering or exiting
- Steps across threshold    ■ If a person is following or approaching closely, leaves door open for person
- Slides door closed    ■ Carefully

##### DOOR WITH PULL HANDLE

**Client is taken to a location that has a closed door with pull handle and is asked to enter (or exit).**

- Grasps door handle firmly    ■ Pulls door open    ■ Sufficiently for convenient entering or exiting
- Steps across threshold    ■ If a person is following or approaching closely, holds door for person
- Releases door with pull handle

##### DOOR WITH DOOR KNOB

**Client is taken to a location that has a closed door with door knob and is asked to enter (or exit).**

- Grasps door knob firmly    ■ Turns knob    ■ Until latch is released
- Opens door    ■ Sufficiently for convenient entering or exiting
- Steps across threshold    ■ If a person is following or approaching closely, holds door for person
- Closes door with door knob    ■ Carefully

##### DOOR WITH THUMB LATCH

**Client is taken to a location that has a closed door with thumb latch and is asked to enter.**

- Grasps handle firmly with fingers    ■ Depresses latch with thumb    ■ Until latch is released
- Opens door    ■ Sufficiently for convenient entering
- Steps across threshold    ■ If a person is following or approaching closely, holds door for person
- Assures door with thumb latch is closed

##### DOOR WITH PANIC BAR

**Client is taken to a location that has a closed door with panic bar and is asked to exit.**

- Grasps panic bar    ■ Grasps with both hands    ■ Pushes bar    ■ Until latch is released
- Opens door    ■ Sufficiently for convenient exiting
- Steps across threshold    ■ If a person is following or approaching closely, holds door for person
- Assures door with panic bar is closed

##### ELECTRIC DOOR

**Client is taken to a location with closed electric entrance door and asked to enter.**

- Locates entrance door    ■ Steps up to entrance door    ■ Waits for door to open    ■ Steps across threshold

**Client is taken to a location with closed electric exit door and asked to exit.**

- Locates exit door    ■ Steps up to exit door    ■ Waits for door to open    ■ Steps across threshold

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*V. MOBILITY IN THE COMMUNITY***366.1 USING STAIRS****CLOSED STAIRWAY WITH HANDRAIL**

Client is taken to a location that has a closed stairway with handrail and is asked to ascend and then descend (or conversely) the stairway. It is suggested training include client's use of this type of stairway in more than one environment.

- Ascends stairway    ■ Alternates feet    ■ Ascends stairway in reasonable amount of time:
- Descends stairway    ■ Alternates feet    ■ Descends stairway in reasonable amount of time:
- Holds handrail    ■ Stays to the right

**CLOSED STAIRWAY WITHOUT HANDRAIL**

Client is taken to a location that has a closed stairway without handrail and is asked to ascend and then descend (or conversely) the stairway. It is suggested training include client's use of this type of stairway in more than one environment.

- Ascends stairway    ■ Alternates feet    ■ Ascends stairway in reasonable amount of time:
- Descends stairway    ■ Alternates feet    ■ Descends stairway in reasonable amount of time:
- Stays to the right

**OPEN STAIRWAY WITH HANDRAIL**

Client is taken to a location that has an open stairway with handrail and is asked to ascend and then descend (or conversely) the stairway. It is suggested training include client's use of this type of stairway in more than one environment.

- Ascends stairway    ■ Alternates feet    ■ Ascends stairway in reasonable amount of time:
- Descends stairway    ■ Alternates feet    ■ Descends stairway in reasonable amount of time:
- Holds handrail    ■ Stays to the right

**OPEN STAIRWAY WITHOUT HANDRAIL**

Client is taken to a location that has an open stairway without handrail and is asked to ascend and then descend (or conversely) the stairway. It is suggested training include client's use of this type of stairway in more than one environment.

- Ascends stairway    ■ Alternates feet    ■ Ascends stairway in reasonable amount of time:
- Descends stairway    ■ Alternates feet    ■ Descends stairway in reasonable amount of time:
- Stays to the right

**366.2 KEEPING TO THE RIGHT IN WALKWAYS AND STAIRWAYS**

The purpose of this skill is for client to learn to keep to the right when walking in walkways (e.g. halls, theater aisles, sidewalks) and when ascending and descending stairs. Instructor arranges for client to perform an activity requiring client to go to a specified destination (e.g. mail letter, wash hands, deliver message), and assures client's route to destination will require client to make one or more (preferable) turns. It is recommended to vary the activity client is to perform and the destination each training session and to include destinations requiring client to ascend and descend stairs. Client may be cued to the correct direction to reach destination and may have assistance to perform the activity.

- Client walks in walkway    ■ Keeping to the right    ■ An appropriate distance to the right
- Turns corner(s)    ■ Appropriately (e.g. not too wide, stays in walkway)
- Continues walking on the right after turning corner    ■ An appropriate distance on the right
- Ascends stairs    ■ Keeping to the right    ■ An appropriate distance to the right
- Descends stairs    ■ Keeping to the right    ■ An appropriate distance to the right
- If encounters obstruction in path, walks around obstruction and immediately resumes walking on the right
- Reaches destination    ■ Performs requested activity

**366.3 CAUTION WHEN PASSING DOORWAYS**

Instructor arranges for client to perform an activity requiring client to go to a specified destination (e.g. pick up supplies, get drink of water, get item from client's locker), and assures client's route to destination will require client to pass two or more (preferable) doorways. Instructor arranges for at least one door along route to be open and for a person to exit through the door as client passes. Instructor also arranges for at least one door along route to be closed and for a person to open the door as client approaches (door must open into client's path). It is client's responsibility in these situations to avoid collisions. It is recommended to vary the activity client is to perform and the destination each training session. Client may be cued to the correct direction to reach destination and may have assistance to perform the activity.

- Client keeps to the right    ■ An appropriate distance to the right
- Keeps head up    ■ Keeps eyes open    ■ Looks toward doorways as approaches    ■ Adjusts pace as necessary to avoid collision
- Adjusts direction as necessary to avoid collision
- Reaches destination    ■ Performs requested activity

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#### 367.1 CAUTION WHEN ENTERING AND EXITING THROUGH DOORWAYS

Instructor arranges for client to perform an activity requiring client to enter another room (e.g. return borrowed item, answer telephone, deliver message), and assures person(s) will be passing doorway as client exits from starting point. Instructor also assures door is open at client's destination but doorway is obstructed by person(s) exiting from room as client is about to enter. It is client's responsibility in these situations to avoid collisions. It is recommended to vary the activity client is to perform and the destination each training session. Client may be cued to the correct direction to reach destination and may have assistance to perform the activity.

- Client checks for traffic in walkway    ■ Before exiting from starting point
- Waits until walkway is clear before exiting    ■ Enters walkway    ■ Without colliding with other person(s)
- Keeps to the right    ■ An appropriate distance to the right
- Looks toward doorway of destination as approaches    ■ Adjusts pace as necessary to avoid collision
- Adjusts direction as necessary to avoid collision    ■ Reaches destination    ■ Performs requested activity

#### 367.2 CAUTION WHEN OPENING DOORS

Client is asked to open a door that opens away from client. It is recommended to use both solid doors and doors with windows.

##### Door with window

- Client looks through window to the left    ■ And to the right
- Looks through window *before* opening door

##### Solid door

- Opens door sufficient amount to check for obstacles (e.g. item near door, person in hall)
- Opens door only when it is safe to do so (i.e. door will not collide with persons or objects)
- Opens door at reasonable speed (e.g. does not swing door open too quickly risking injury to person on other side)
- Opens door with reasonable force (e.g. does not slam door against wall)    ■ Opens door completely

#### 367.3 USING ESCALATORS

- Client is shown an escalator and asked: "What is this?" (Escalator)
- Client is taken to a building that has an escalator and is asked: "Find an escalator." (Locates escalator)

##### USING THE "UP" ESCALATOR

Client is asked to locate the "up" escalator and ascend to the next floor.

- Client locates the "up" escalator    ■ Steps on escalator safely    ■ And appropriately
- Holds onto handrail    ■ Gets off escalator safely    ■ And appropriately

##### USING THE "DOWN" ESCALATOR

Client is asked to locate the "down" escalator and descend to the next floor.

- Locates the "down" escalator    ■ Steps on escalator safely    ■ And appropriately
- Holds onto handrail    ■ Gets off escalator safely    ■ And appropriately

#### 367.4 USING ELEVATORS

- Client is shown an elevator and asked: "What is this?" (Elevator)
- Client is taken to a building that has an elevator and is asked: "Find an elevator." (Locates elevator)

Client is asked to use the elevator to go to a floor specified by instructor.

- If specified floor is above, client pushes "up" button to call for elevator
- If specified floor is below, pushes "down" button to call for elevator
- If passenger(s) exit when elevator arrives, client waits for passenger(s) to exit before client enters elevator
- Enters elevator    ■ Holds elevator door for person following, if appropriate

##### Self-service elevator

- Locates panel for selecting specified floor    ■ Pushes correct button to get off on specified floor
- Locates panel that shows which floor elevator is on    ■ Exits elevator    ■ On specified floor

##### Elevator with operator

- If stating specified floor is necessary: States correct floor    ■ States at appropriate time    ■ Uses appropriate speaking volume
- Exits elevator    ■ On specified floor
- Holds door for person following, if appropriate

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## 368.1 CROSSING STREETS: With Traffic Signals

Since pedestrian signals are not standardized, an entry is provided below for instructor to indicate the words (or symbols) client is to be trained to recognize (e.g. "wait," "walk"). It is recommended to include all signal indicators client is likely to encounter in the community.

*Pedestrian signal indicators client is to be trained to recognize for "stop" and "go":*

- "When an intersection has both pedestrian and traffic signals, which signal should you obey?" (Pedestrian signal)
- "When the pedestrian signal indicates *stop* and the traffic signal is green, should you cross the street?" (No) ■ "Why not?" (There's not enough time, it could be very dangerous . . . )
- Client is shown pedestrian signal indicating *stop* and asked: "What does this mean?" (Don't cross street, wait for signal to change . . . )
- Client is shown pedestrian signal indicating *go* and asked: "What does this mean?" (You may cross the street)

**Client is shown a traffic signal and asked to explain the meaning of the red, yellow, and green lights.**

- Reasonably explains meaning of: Red light ■ Yellow light ■ Green light

**Client is taken to a street that has traffic signals and is asked to cross the street. Instructor must be prepared to intervene at all times.**

- Client waits on curb at corner when signal indicates *stop*
- Pushes button to change pedestrian signal if button is present (and button has not yet been pushed)
- When signal indicates *go*, checks for traffic: To the left ■ To the right ■ And around corner
- Steps off curb without assistance ■ Crosses intersection from proper corner to proper corner
- Steps up on curb without assistance
- If both pedestrian and traffic signals are present, obeys pedestrian signal ■ Crosses street in reasonable amount of time

## 368.2 CROSSING STREETS: Without Traffic Signals

**Client is taken to a street that does not have traffic signals and is asked to cross the street. Instructor must be prepared to intervene at all times.**

- Client waits on curb at corner
- Checks for traffic: To the left ■ To the right ■ And around corner
- Initiates crossing when there is no traffic within a reasonable distance for safe crossing
- Steps off curb without assistance ■ Continues to check for oncoming traffic while crossing street
- Quickens or slows pace as safety necessitates ■ Crosses street from proper corner to proper corner
- Steps up on curb without assistance ■ Crosses street in reasonable amount of time
- Crosses streets at corners or designated pedestrian crosswalks only

## 368.3 TRAVELING BY AUTOMOBILE

## ENTERING

**Client is asked to enter an automobile.**

- Grasps door handle ■ Disengages latch ■ Opens door ■ Wide enough to permit easy entry

**Four-door or front seat of two-door car**

- Stands in door-opening with back to opening ■ Ducks head ■ And sits on seat of car
- Pivots body (counter) clockwise ■ While raising feet over door sill

**Back seat of two-door car**

- Locates seat release ■ Disengages seat release ■ Pushes seat forward
- Ducks head ■ Steps into car ■ And sits down
- Pulls seat into upright position ■ Until seat locks in place

- Slides across seat if other passengers are entering on same side ■ Stores personal belongings appropriately

**Seat belt and shoulder harness**

- Grasps appropriate end of seat belt ■ And extends belt across lap
- Seat belt is untwisted ■ Shoulder harness is untwisted
- Demonstrates adjusting: Seat belt to appropriate length ■ Shoulder harness to appropriate length
- Inserts end of seat belt into locking mechanism ■ And fastens seat belt
- Seat belt is tightened appropriately ■ Shoulder harness is tightened appropriately
- Shoulder harness is positioned correctly across body ■ Fastens seat belt in reasonable amount of time

- Demonstrates locking car door ■ Enters car in reasonable amount of time

**Windows**

- Demonstrates: Opening window ■ Closing window
- Demonstrates: Unlocking wing-window ■ Opening wing-window ■ Closing wing-window ■ Locking wing-window



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#### TRAVELING BY AUTOMOBILE (Cont.)

##### For client who smokes

- Asks driver's permission before smoking   ■ Uses ashtray   ■ Appropriately
- Smokes safely

#### EXITING

##### Client is asked or otherwise cued to exit car.

- Waits until car comes to complete stop before preparing to exit

##### Seat belt and shoulder harness

- Disengages locking mechanism   ■ And unfastens seat belt
- Seat belt is retracted   ■ Shoulder harness is retracted   ■ Unfastens seat belt in reasonable amount of time
- Demonstrates unlocking car door   ■ Locates door handle   ■ Opens door   ■ Wide enough to permit easy exit
- Collects personal belongings

##### Four-door or front seat of two-door car

- Pivots body (counter) clockwise   ■ While raising feet over door sill
- Ducks head   ■ And steps out of car

##### Back seat of two-door car

- Locates seat release   ■ Disengages seat release   ■ Pushes seat forward
- Ducks head   ■ And steps out of car
- Pulls seat into upright position   ■ Until seat locks in place
- Demonstrates: Closing car door   ■ Locking car door
- Exits car in reasonable amount of time

Please read introductory comments to Section V on page 365.

The pedestrian mobility skills on the pages that follow are intended to be used as one skill arranged in three phases, and used for training a client to walk from one point—A to one point—B, and return. To train on more than one round-trip destination, simply use the same format provided herein and complete the blanks with the information that corresponds with the new destination.

For reasons of safety and prioritized training, and in order to focus training attention on learning a walking route, it is highly recommended a client learn the skills of crossing streets with traffic signals and without traffic signals before beginning training on the pedestrian mobility skills.

Training on pedestrian mobility begins with **Phase I**. During Phase I, the mobility instructor provides *total supervision* including walking together with client. It is suggested to make as many round trips per day as appears reasonable.

When client has learned Phase I, training on **Phase II** begins. During Phase II, the mobility instructor provides *partial supervision* including following the client at an agreed upon distance. It is suggested one round trip per day may be sufficient. Client should behave as though mobility instructor is *not* present (i.e. there should be no interaction between instructor and client during this phase). Phase II includes an established emergency procedure client is to follow independently if he or she becomes lost. If client makes an error during Phase II (e.g. wrong turn), client should correct the error independently. If client becomes lost, client should follow independently the emergency procedure established. In all cases, instructor continues to follow client but does not intervene unless client appears to be in danger or other serious need of assistance. In the event instructor does need to intervene (for whatever reason), the task that corresponds with the subject of intervention is to be considered as having been performed incorrectly. For example, if client gets lost and asks instructor for help (e.g. directions), the task *If gets lost, follows established emergency procedure* should receive a datum that indicates incorrect performance.

When client has learned Phase II, training on **Phase III** begins. During Phase III, *no supervision* is provided by mobility instructor (or anyone else). Rather, client is expected to walk the route independently and *notify the mobility instructor upon arrival at destination*. It is understood the mobility instructor remains involved until the client arrives at destination, and remains prepared to assist in locating the client or to provide other assistance whenever this becomes necessary.

It should be pointed out that unless during the course of training Phase II the client becomes lost and therefore has occasion to implement the emergency procedure established, it is virtually unknown what the client will do the first time he or she becomes lost during or after Phase III when no supervision is provided.

It is recommended a special consent form be developed and completed before a client begins participation in pedestrian

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mobility training. An example of such a form appears on pages 371–373 and should be considered as only a starting point toward the development of a finalized consent form.

The example consent form provided includes spaces in which to write specific walking maneuvers in the order in which they are to take place. The specific sequence of maneuvers will determine which entries in the series to complete and whether to include additional entries. The entries are designed to be completed as follows.

Turns \_\_\_\_\_ (1) \_\_\_\_\_ onto \_\_\_\_\_ (2) \_\_\_\_\_

(1) Write name of direction in which client is to turn (north, south, east, west; or left, right).

(2) Write name of street onto which client is to turn.

e.g. Turns North onto S.E. 74<sup>th</sup>

Follows \_\_\_\_\_ (3) \_\_\_\_\_ to \_\_\_\_\_ (4) \_\_\_\_\_

(3) Write name of street client is to follow.

(4) Write name of street at which client will need to cross street or turn onto different street.

e.g. Follows S.E. 74<sup>th</sup> to S.E. Powell Blvd.

Crosses \_\_\_\_\_ (5) \_\_\_\_\_ at \_\_\_\_\_ (6) \_\_\_\_\_

(5) Write name of street client is to cross.

(6) Write name of street at which client is to cross.

e.g. Crosses S.E. Powell Blvd. at S.E. 74<sup>th</sup>

*Both* entries that deal with crossing are completed when client is to cross *both* streets at an intersection.

e.g. Crosses S.E. 74<sup>th</sup> at S.E. Powell Blvd.

Crosses S.E. Powell Blvd. at S.E. 74<sup>th</sup>

In the above example, imagine only this double maneuver will provide client with a crosswalk for safe crossing of Powell Blvd.

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## Example Of Consent Form For Participation In Pedestrian Mobility Training

Client's Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Mobility Instructor's Name \_\_\_\_\_

Date Training Initiated \_\_\_\_\_ Date Training Terminated \_\_\_\_\_

Check One: Training Completed \_\_\_\_\_

Training Discontinued \_\_\_\_\_ Reason \_\_\_\_\_

Route Going From \_\_\_\_\_ To \_\_\_\_\_

Turns \_\_\_\_\_ onto \_\_\_\_\_ Attach Route Map Here

Follows \_\_\_\_\_ to \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Turns \_\_\_\_\_ onto \_\_\_\_\_

Follows \_\_\_\_\_ to \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Turns \_\_\_\_\_ onto \_\_\_\_\_

Follows \_\_\_\_\_ to \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Turns \_\_\_\_\_ onto \_\_\_\_\_

Follows \_\_\_\_\_ to \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Turns \_\_\_\_\_ onto \_\_\_\_\_

Follows \_\_\_\_\_ to \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

Crosses \_\_\_\_\_ at \_\_\_\_\_

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Example Of Consent Form For Participation In Pedestrian Mobility Training (Cont.)

Client's Name \_\_\_\_\_

Route Returning From \_\_\_\_\_ To \_\_\_\_\_

Turns	_____	onto	_____	Attach Route Map Here
Follows	_____	to	_____	
Crosses	_____	at	_____	
Crosses	_____	at	_____	
Turns	_____	onto	_____	
Follows	_____	to	_____	
Crosses	_____	at	_____	
Crosses	_____	at	_____	
Turns	_____	onto	_____	
Follows	_____	to	_____	
Crosses	_____	at	_____	
Crosses	_____	at	_____	
Turns	_____	onto	_____	
Follows	_____	to	_____	
Crosses	_____	at	_____	
Crosses	_____	at	_____	

Emergency procedure to be followed if client gets lost during Phase II or Phase III:

During Phase II, mobility instructor will follow client at a distance of \_\_\_\_\_

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## Example Of Consent Form For Participation In Pedestrian Mobility Training (Cont.)

Client's Name \_\_\_\_\_

1. I have read page 365, pages 369—370, and pages 374—376 of the present Section V. Mobility In The Community (or they have been read to me).
2. I have reviewed the pedestrian route information included in this consent form.
3. All my questions have been answered to my satisfaction.
4. I have met the mobility instructor, \_\_\_\_\_.  
(Name)
5. I can contact the mobility instructor at \_\_\_\_\_ if I have additional questions regarding pedestrian mobility training.  
(Telephone)
6. I understand *total supervision* is provided by the mobility instructor during Phase I.
7. I understand *partial supervision* is provided by the mobility instructor during Phase II, and Phase II begins only after successful completion of Phase I. In addition, I understand the mobility instructor will follow \_\_\_\_\_ at a distance of \_\_\_\_\_.  
(Client's Name)
8. I understand *no supervision* is provided by the mobility instructor during Phase III (i.e. client walks with no supervision of any kind), and Phase III begins only after successful completion of Phase II. In addition, I understand \_\_\_\_\_ will contact the mobility instructor upon arrival at destination.  
(Client's Name)
9. I understand the emergency procedure specified in this consent form, to be followed if \_\_\_\_\_ gets lost.  
(Client's Name)

## Client:

I wish to participate in pedestrian mobility training.

\_\_\_\_\_  
(Client's Signature)\_\_\_\_\_  
(Date)

## Parents/Houseparents/Guardians:

I give my permission for \_\_\_\_\_ to participate in pedestrian mobility training.  
(Client's Name)\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Relationship)\_\_\_\_\_  
(Date)\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Relationship)\_\_\_\_\_  
(Date)

## Mobility Instructor:

\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Date)

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## 374.1 PEDESTRIAN MOBILITY – PHASE I: Total Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- ☐ Client carries wallet with accurate ID    ☐ Carries walking route information
- ☐ Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- ☐ Dresses appropriately for the weather    ☐ Leaves on time:
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Walks at reasonable pace    ☐ Walks on sidewalk
- ☐ When necessary to walk in street, walks on left side facing oncoming traffic
- ☐ Crosses streets safely (Use skill 368.1 or 368.2 if formal training on crossing streets is necessary)
- ☐ If encounters dogs or other animals, deals with animals appropriately
- ☐ Interacts with strangers only when appropriate    ☐ Interacts appropriately with strangers
- ☐ Behaves in socially acceptable manner    ☐ Arrives at destination

Returning From \_\_\_\_\_ To \_\_\_\_\_

- ☐ Carries wallet with accurate ID    ☐ Carries walking route information
- ☐ Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- ☐ Dresses appropriately for the weather    ☐ Leaves on time:
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_

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#### PEDESTRIAN MOBILITY — PHASE I: Total Supervision (Cont.)

- ☐ Walks at reasonable pace    ☐ Walks on sidewalk
- ☐ When necessary to walk in street, walks on left side facing oncoming traffic
- ☐ Crosses streets safely    ☐ If encounters dogs or other animals, deals with animals appropriately
- ☐ Interacts with strangers only when appropriate    ☐ Interacts appropriately with strangers
- ☐ Behaves in socially acceptable manner    ☐ Arrives at destination

#### 375.1 PEDESTRIAN MOBILITY — PHASE II: Partial Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- ☐ Client carries wallet with accurate ID    ☐ Carries walking route information
- ☐ Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- ☐ Dresses appropriately for the weather    ☐ Leaves on time:
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Walks at reasonable pace    ☐ Walks on sidewalk
- ☐ When necessary to walk in street, walks on left side facing oncoming traffic
- ☐ Crosses streets safely (Use skill 368.1 or 368.2 if formal training on crossing streets is necessary)
- ☐ If encounters dogs or other animals, deals with animals appropriately
- ☐ Interacts with strangers only when appropriate    ☐ Interacts appropriately with strangers
- ☐ Behaves in socially acceptable manner
- ☐ If gets lost, follows established emergency procedure    ☐ Arrives at destination

Returning From \_\_\_\_\_ To \_\_\_\_\_

- ☐ Carries wallet with accurate ID    ☐ Carries walking route information
- ☐ Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- ☐ Dresses appropriately for the weather    ☐ Leaves on time:
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Turns \_\_\_\_\_ onto \_\_\_\_\_
- ☐ Follows \_\_\_\_\_ to \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_
- ☐ Crosses \_\_\_\_\_ at \_\_\_\_\_

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## PEDESTRIAN MOBILITY — PHASE II: Partial Supervision (Cont.)

- Turns \_\_\_\_\_ onto \_\_\_\_\_
- Follows \_\_\_\_\_ to \_\_\_\_\_
- Crosses \_\_\_\_\_ at \_\_\_\_\_
- Crosses \_\_\_\_\_ at \_\_\_\_\_
- Turns \_\_\_\_\_ onto \_\_\_\_\_
- Follows \_\_\_\_\_ to \_\_\_\_\_
- Crosses \_\_\_\_\_ at \_\_\_\_\_
- Crosses \_\_\_\_\_ at \_\_\_\_\_
- Walks at reasonable pace    ■ Walks on sidewalk
- When necessary to walk in street, walks on left side facing oncoming traffic
- Crosses streets safely    ■ If encounters dogs or other animals, deals with animals appropriately
- Interacts with strangers only when appropriate    ■ Interacts appropriately with strangers
- Behaves in socially acceptable manner
- If gets lost, follows established emergency procedure    ■ Arrives at destination

## 376.1 PEDESTRIAN MOBILITY — PHASE III: No Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- Notifies mobility instructor upon arrival
- If gets lost, follows established emergency procedure

Returning From \_\_\_\_\_ To \_\_\_\_\_

- Notifies mobility instructor upon return
- If gets lost, follows established emergency procedure

Please read introductory comments to Section V on page 365.

The bus mobility skills on the pages that follow are intended to be used as one skill arranged in four phases, and used for training a client to ride the bus from one point—A to one point—B, and return. To train on more than one round-trip destination, simply use the same format provided herein and complete the blanks with the information that corresponds with the new destination.

For reasons of safety and prioritized training, and in order to focus training attention on the mechanics of learning to ride the bus, it is highly recommended a client learn the skills of crossing streets with traffic signals and without traffic signals before beginning training on the bus mobility skills.

Training on bus mobility begins with **Phase I**. During Phase I, the mobility instructor provides *total supervision* including walking to the bus stop with client or meeting client at bus stop (whichever is agreed to be the most appropriate) and sitting with client on bus. It is suggested to make as many round trips per day as appears reasonable.

When client has learned Phase I, training on **Phase II** begins. During Phase II, the mobility instructor provides *partial supervision* by sitting away from the client while on bus. Instructor should sit out of client's viewing range (e.g. at back of bus), and client should behave as though mobility instructor is *not* present (i.e. there should be no interaction between instructor and client during this phase). If instructor does need to intervene (e.g. client does not ring debarcation bell upon approaching agreed upon landmark), the task that corresponds with the subject of intervention is to be considered as having been performed incorrectly and should receive a datum that indicates incorrect performance.

When client has learned Phase II, training on **Phase III** begins. During Phase III, the mobility instructor provides *minimal supervision* by following in a car the bus in which client is riding. Phase III includes an established emergency procedure client is to follow independently if he or she becomes lost. In addition, client is to notify the mobility instructor upon arrival at destination. At all times, client is followed by instructor in car, but instructor does not intervene unless client appears to be in danger or other serious need of assistance.

When client has learned Phase III, training on **Phase IV** begins. During Phase IV, *no supervision* is provided by mobility instructor (or anyone else). Rather, client is expected to take the bus independently and, as in Phase III, *notify the mobility instructor upon arrival at destination*. Also, the same emergency procedure established for Phase III is included in Phase IV. It is



## COMMUNITY SKILLS

### V. MOBILITY IN THE COMMUNITY

understood the mobility instructor remains involved until the client arrives at destination, and remains prepared to assist in locating the client or to provide other assistance whenever this becomes necessary.

It should be pointed out that unless during the course of training Phase III the client becomes lost and therefore has occasion to implement the emergency procedure established, it is virtually unknown what the client will do the first time he or she becomes lost during or after Phase IV when no supervision is provided.

It is recommended a special consent form be developed and completed before a client begins participation in bus mobility training. An example of such a form appears on pages 378–379, and should be considered as only a starting point toward the development of a finalized consent form.

The example consent form provided includes spaces in which to write specific bus-riding maneuvers in the order in which they are to take place. If client does not need to transfer from one bus to another en route, the last four entries under "Route Going From" and "Route Returning From" would not be completed; on the other hand, including additional entries will be necessary if more than one transfer maneuver is required. In addition, each entry provides space in which to write a respective street *intersection* and *landmark* identification.

Finally, several tasks in Phases I–II–III will require instructor to indicate specific information. These tasks can be identified by the (customary) colon with which they end. Following are examples from Phase I.

- Leaves on time: 7:20 a.m.
- Waits at correct bus stop: S.W. corner of S.E. 33<sup>rd</sup> and Powell Blvd.
- Recognizes correct bus: #9
- Notifies driver of intent to debark (e.g. rings bell)    ■ At correct landmark: Talsher's Bakery
- Debarks at correct bus stop: S.E. 74<sup>th</sup> and Powell Blvd.

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V. MOBILITY IN THE COMMUNITY

Example Of Consent Form For Participation In Bus Mobility Training

Client's Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Mobility Instructor's Name \_\_\_\_\_

Date Training Initiated \_\_\_\_\_ Date Training Terminated \_\_\_\_\_

Check One: Training Completed \_\_\_\_\_  
Training Discontinued \_\_\_\_\_ Reason \_\_\_\_\_

Route Going From \_\_\_\_\_ To \_\_\_\_\_

GOING	Intersection	Landmark
Boards bus _____ at (Name/No.)	_____	_____
Rings bell at	_____	_____
Debarks at	_____	_____
Waits at transfer stop at	_____	_____
Boards bus _____ at (Name/No.)	_____	_____
Rings bell at	_____	_____
Debarks at	_____	_____

Route Returning From \_\_\_\_\_ To \_\_\_\_\_

RETURNING	Intersection	Landmark
Boards bus _____ at (Name/No.)	_____	_____
Rings bell at	_____	_____
Debarks at	_____	_____
Waits at transfer stop at	_____	_____
Boards bus _____ at (Name/No.)	_____	_____
Rings bell at	_____	_____
Debarks at	_____	_____

Emergency procedure to be followed if client gets lost during Phase III or Phase IV:

## COMMUNITY SKILLS

## V. MOBILITY IN THE COMMUNITY

## Example Of Consent Form For Participation In Bus Mobility Training (Cont.)

Client's Name \_\_\_\_\_

1. I have read page 365, pages 376–377, and pages 380–382 of the present Section V. Mobility In The Community (or they have been read to me).
2. I have reviewed the bus route information included in this consent form.
3. All my questions have been answered to my satisfaction.
4. I have met the mobility instructor, \_\_\_\_\_.  
(Name)
5. I can contact the mobility instructor at \_\_\_\_\_ if I have additional questions regarding bus mobility training.  
(Telephone)
6. I understand *total supervision* is provided by the mobility instructor during Phase I.
7. I understand *partial supervision* is provided by the mobility instructor during Phase II, and Phase II begins only after successful completion of Phase I.
8. I understand *minimal supervision* is provided by the mobility instructor during Phase III, and Phase III begins only after successful completion of Phase II. I understand minimal supervision includes the instructor following in a car the bus in which \_\_\_\_\_ is riding.  
(Client's Name)
9. I understand *no supervision* is provided by the mobility instructor during Phase IV (i.e. client takes bus with no supervision of any kind), and Phase IV begins only after successful completion of Phase III. In addition, I understand \_\_\_\_\_ will contact the mobility instructor upon arrival at destination.  
(Client's Name)
10. I understand the emergency procedure specified in this consent form, to be followed if \_\_\_\_\_ gets lost.  
(Client's Name)

## Client:

I wish to participate in bus mobility training.

\_\_\_\_\_  
(Client's Signature)\_\_\_\_\_  
(Date)

## Parents/Houseparents/Guardians:

I give my permission for \_\_\_\_\_ to participate in bus mobility training.  
(Client's Name)\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Relationship)\_\_\_\_\_  
(Date)\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Relationship)\_\_\_\_\_  
(Date)

## Mobility Instructor:

\_\_\_\_\_  
(Signature)\_\_\_\_\_  
(Date)

## COMMUNITY SKILLS

## V. MOBILITY IN THE COMMUNITY

## 380.1 BUS MOBILITY — PHASE I: Total Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- Client carries wallet with accurate ID    ■ Carries bus route information
- Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- Dresses appropriately for the weather    ■ Leaves on time:
- Crosses street(s) safely (Use skill 368.1 or 368.2 if formal training on crossing streets is necessary)
- Waits at correct bus stop:    ■ Recognizes correct bus:    ■ Indicates intent to board
- Embarks    ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass)    ■ Shows card at appropriate time
- Obtains change if necessary    ■ Uses correct fare    ■ Deposits fare in appropriate receptacle    ■ At appropriate time
- Obtains transfer    ■ Takes seat if available (preferably in front and always on same side)    ■ Takes seat promptly
- Remains seated once seated (e.g. does not wander)
- Interacts with strangers only when appropriate    ■ Interacts appropriately with strangers
- Speaks in acceptable volume    ■ Behaves in socially acceptable manner
- Notifies driver of intent to debark (e.g. rings bell)    ■ At correct landmark:
- Moves to proper exit    ■ Descends steps unassisted    ■ Operates exit door unassisted    ■ Requests assistance if exit door malfunctions    ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street    ■ Crosses street(s) safely
- Waits at correct transfer stop:    ■ Recognizes correct transfer bus:    ■ Indicates intent to board
- Embarks    ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass)    ■ Shows card at appropriate time
- Gives transfer to driver or deposits it in appropriate receptacle    ■ At appropriate time
- Notifies driver of intent to debark (e.g. rings bell)    ■ At correct landmark:    ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street    ■ Crosses street(s) safely    ■ Arrives at destination

Returning From \_\_\_\_\_ To \_\_\_\_\_

- Client carries wallet with accurate ID    ■ Carries bus route information
- Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- Dresses appropriately for the weather    ■ Leaves on time:    ■ Crosses street(s) safely
- Waits at correct bus stop:    ■ Recognizes correct bus:    ■ Indicates intent to board
- Embarks    ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass)    ■ Shows card at appropriate time
- Obtains change if necessary    ■ Uses correct fare    ■ Deposits fare in appropriate receptacle    ■ At appropriate time
- Obtains transfer    ■ Takes seat if available (preferably in front and always on same side)    ■ Takes seat promptly
- Remains seated once seated (e.g. does not wander)
- Interacts with strangers only when appropriate    ■ Interacts appropriately with strangers
- Speaks in acceptable volume    ■ Behaves in socially acceptable manner
- Notifies driver of intent to debark (e.g. rings bell)    ■ At correct landmark:
- Moves to proper exit    ■ Descends steps unassisted    ■ Operates exit door unassisted    ■ Requests assistance if exit door malfunctions    ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street    ■ Crosses street(s) safely
- Waits at correct transfer stop:    ■ Recognizes correct transfer bus:    ■ Indicates intent to board
- Embarks    ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass)    ■ Shows card at appropriate time
- Gives transfer to driver or deposits it in appropriate receptacle    ■ At appropriate time
- Notifies driver of intent to debark (e.g. rings bell)    ■ At correct landmark:    ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street    ■ Crosses street(s) safely    ■ Arrives at destination

## 380.2 BUS MOBILITY — PHASE II: Partial Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- Client carries wallet with accurate ID    ■ Carries bus route information
- Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- Dresses appropriately for the weather    ■ Leaves on time:
- Crosses street(s) safely (Use skill 368.1 or 368.2 if formal training on crossing streets is necessary)
- Waits at correct bus stop:    ■ Recognizes correct bus:    ■ Indicates intent to board
- Embarks    ■ Unassisted (i.e. ascends steps independently)

## COMMUNITY SKILLS

## V. MOBILITY IN THE COMMUNITY

## BUS MOBILITY — PHASE II: Partial Supervision (Cont.)

## Going (Cont.)

- Shows bus company card (e.g. reduced fare pass, monthly pass) ■ Shows card at appropriate time
- Obtains change if necessary ■ Uses correct fare ■ Deposits fare in appropriate receptacle ■ At appropriate time
- Obtains transfer ■ Takes seat if available (preferably in front and always on same side) ■ Takes seat promptly
- Remains seated once seated (e.g. does not wander)
- Interacts with strangers only when appropriate ■ Interacts appropriately with strangers
- Speaks in acceptable volume ■ Behaves in socially acceptable manner
- Notifies driver of intent to debark (e.g. rings bell) ■ At correct landmark:
- Moves to proper exit ■ Descends steps unassisted ■ Operates exit door unassisted ■ Requests assistance if exit door malfunctions ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely
- Waits at correct transfer stop: ■ Recognizes correct transfer bus: ■ Indicates intent to board
- Embarks ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass) ■ Shows card at appropriate time
- Gives transfer to driver or deposits it in appropriate receptacle ■ At appropriate time
- Notifies driver of intent to debark (e.g. rings bell) ■ At correct landmark: ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely ■ Arrives at destination

## Returning From \_\_\_\_\_ To \_\_\_\_\_

- Client carries wallet with accurate ID ■ Carries bus route information
- Carries \$ \_\_\_\_\_ emergency money in wallet, consisting of (indicate denominations and numbers of each):
- Dresses appropriately for the weather ■ Leaves on time: ■ Crosses street(s) safely
- Waits at correct bus stop: ■ Recognizes correct bus: ■ Indicates intent to board
- Embarks ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass) ■ Shows card at appropriate time
- Obtains change if necessary ■ Uses correct fare ■ Deposits fare in appropriate receptacle ■ At appropriate time
- Obtains transfer ■ Takes seat if available (preferably in front and always on same side) ■ Takes seat promptly
- Remains seated once seated (e.g. does not wander)
- Interacts with strangers only when appropriate ■ Interacts appropriately with strangers
- Speaks in acceptable volume ■ Behaves in socially acceptable manner
- Notifies driver of intent to debark (e.g. rings bell) ■ At correct landmark:
- Moves to proper exit ■ Descends steps unassisted ■ Operates exit door unassisted ■ Requests assistance if exit door malfunctions ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely
- Waits at correct transfer stop: ■ Recognizes correct transfer bus: ■ Indicates intent to board
- Embarks ■ Unassisted (i.e. ascends steps independently)
- Shows bus company card (e.g. reduced fare pass, monthly pass) ■ Shows card at appropriate time
- Gives transfer to driver or deposits it in appropriate receptacle ■ At appropriate time
- Notifies driver of intent to debark (e.g. rings bell) ■ At correct landmark: ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely ■ Arrives at destination

## 381.1 BUS MOBILITY — PHASE III: Minimal Supervision

## Going From \_\_\_\_\_ To \_\_\_\_\_

- Client arrives at correct bus stop: ■ Arrives at bus stop on time: ■ Boards correct bus: ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street
- Crosses street(s) safely (Use skill 368.1 or 368.2 if formal training on crossing streets is necessary)
- Waits at correct transfer stop: ■ Boards correct transfer bus: ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely ■ If gets lost, follows established emergency procedure ■ Arrives at destination ■ Notifies mobility instructor upon arrival

## Returning From \_\_\_\_\_ To \_\_\_\_\_

- Arrives at correct bus stop: ■ Arrives at bus stop on time: ■ Boards correct bus: ■ Debarks at correct bus stop:
- If no signal, waits until bus passes before crossing street ■ Crosses street(s) safely ■ Waits at correct transfer stop:
- Boards correct transfer bus: ■ Debarks at correct bus stop: ■ If no signal, waits until bus passes before crossing street
- Crosses street(s) safely ■ If gets lost, follows established emergency procedure ■ Arrives at destination
- Notifies mobility instructor upon return

## COMMUNITY SKILLS

## V. MOBILITY IN THE COMMUNITY

## 382.1 BUS MOBILITY — PHASE IV: No Supervision

Going From \_\_\_\_\_ To \_\_\_\_\_

- If gets lost, follows established emergency procedure
- Notifies mobility instructor upon arrival

Returning From \_\_\_\_\_ To \_\_\_\_\_

- If gets lost, follows established emergency procedure
- Notifies mobility instructor upon return

## 382.2 AWARENESS OF HITCHHIKING

- "What is hitchhiking?" (Going places by getting free rides with strangers . . . )
- "Is it legal to hitchhike?" (Gives answer according to local law):    ■ If no, "If you get caught hitchhiking by the police, what could happen?" (Get arrested, get fined . . . )
- "Why is it dangerous to hitchhike?" (Stranger you're riding with might hurt you, a car might hit you while you're walking along road . . . )
- "Name two bad things that could happen if you hitchhike." (You might get kidnapped, beaten, robbed, raped, murdered . . . )
- "What can you do so you won't need to hitchhike?" (Arrange transportation in advance, carry sufficient amount of emergency money, telephone someone to come get you . . . )
- "If you drive, why shouldn't you pick up hitchhikers?" (Hitchhiker might hurt you, rob you . . . )